

DECEMBER 29, 2019

FESTIVAL DAY 2

4:20 PM

AARON DUROGATI: PLAYING WITH THE INVISIBLE (2018)

30 MINUTES - DOCUMENTARY SHORT - ITALY - ITALIAN

It is in the luminous solitude of autumn in the Dolomites that Aaron Durogati, a formidable pilot and authentic aesthete of flying, faces his personal journey to learn how to rise and stand. An intimate and powerful story about fragility and human resilience, to rediscover flight as pure gesture and pure self-expression.

5:00 PM

MANGROVES: CUSTODIANS OF THE COAST (2019)

27 MINUTES - DOCUMENTARY SHORT - PAKISTAN - ENGLISH, URDU

The documentary covers the rich biodiversity that is hidden in these mystical forests on the coastal areas of Pakistan. *Mangroves: Custodians of the Coast* shows the interconnection of various flora and fauna with each other as well as human intrusion. The film will be followed by a Q&A session with director Anam Abbas.

6:00 PM

HILLARY: OCEAN TO SKY (2019)

83 MINUTES - DOCUMENTARY FEATURE - POLAND - POLISH

Meet the 'real' Ed Hillary on this life-changing journey up India's holy River Ganges. Millions lined the river to watch him pass in his 'miraculous' jet boats. Sir Edmund Hillary's journey from the Ocean to the Sky along India's River Ganges was his last major expedition and the only one to be comprehensively filmed.

7:30 PM

CIRCLE OF THE SUN (2019)

5 MINUTES - DOCUMENTARY SHORT - NORWAY - ENGLISH

Circle of the Sun takes you on an almost surreal journey to Norway. It describes one circle of the sun in the Arctic: One day of magic, steep mountains and the ocean, the sun, and the aurora borealis.

7:40 PM

THE LAST MOUNTAIN (2019)

83 MINUTES - DOCUMENTARY FEATURE - POLAND - POLISH

In January 2018, the Polish expedition to K2, one of the last eight-thousanders not summited in winter, began. The film is the story of the ascent and the spectacular rescue operation that saved the life of Élisabeth Revol, who was stranded near the summit of Nanga Parbat together with Tomasz Mackiewicz.

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PAKISTAN INTERNATIONAL
MOUNTAIN FILM FESTIVAL

THE 5th PAKISTAN INTERNATIONAL MOUNTAIN FILM FESTIVAL 2019

December 28, 29, 2019
FACE, Islamabad



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DECEMBER 28, 2019

FESTIVAL DAY 1

10:00 AM THE HOME FOR BROKEN TOYS (2019)

24 MINUTES - DOCUMENTARY SHORT - UNITED KINGDOM - ENGLISH

Every weekend through the winter, a group of middle-aged men called the "East German Ladies Swimming Team," plunge into the freezing waters of a pond in central London. The film follows the team through one season to explore their motivations for braving the extreme cold each week.

10:30 AM THE DISTANT ISLANDS (2018)

88 MINUTES - DOCUMENTARY FEATURE - SWITZERLAND - ENGLISH, FRENCH

Longyearbyen, on the island of Spitzbergen in the Svalbard archipelago is the northernmost inhabited place in Europe, while the southernmost is La Restinga on the island of El Hierro, Canary Islands. This is a journey in search of the essence of Europe seen from these two distant islands as its extreme borders.

12:00 PM DROMMELAND (2019)

73 MINUTES - DOCUMENTARY FEATURE - NETHERLANDS - NORWEGIAN

The 60-year-old Nils has turned his back on society and has taken his refuge in a small wooden cabin in the mountains of Norway. This documentary describes and observes how Nils is trying to find the balance between being in touch with nature, himself and his family.

1:20 PM FEAR OF THE UNKNOWN (2019)

6 MINUTES - DOCUMENTARY SHORT - UNITED KINGDOM - ENGLAND

The film captures a depressed young man in his sanctuary, the Lake District mountains, as he narrates the viewer through this complicated journey, passing through hills and streams, woodlands and caves.

1:30 PM MY DYING VALLEY (2019)

19 MINUTES - DOCUMENTARY SHORT - PAKISTAN - ENGLISH, PASHTO

My Dying Valley explores and compares today's Swat to the one two decades back. It looks upon the drastic future that this area may experience in a few years. It also proposes solutions to deal with this challenge of climate change.

2:00 PM PIANO TO ZANSKAR (2018)

88 MINUTES - DOCUMENTARY FEATURE - UNITED KINGDOM - ENGLISH

Facing his future in retirement, a 65-year old piano tuner from London, Desmond Gentle, decides to take on the most challenging and perilous delivery of his four decade career: transporting a 100-year old, 80-kilo Broadwood & Sons piano to a remote Himalayan school, 14,000 feet above sea level.



3:30 PM SPIRIT (2019)

19 MINUTES - DOCUMENTARY SHORT - AUSTRALIA - HINDI/GHARWALI

When Saraswati arrives as the first educated daughter-in-law in a Himalayan village, she wonders how she will ever feel at home. An intimate story of longing and belonging in India's sacred mountains, Spirit explores what it takes to make a home in a remote community in the thralls of change.

4:00 PM BEYOND DREAMS (2019)

77 MINUTES - DOCUMENTARY FEATURE - BRAZIL - PORTUGUESE

The impressive life story of Brazilian mountaineer Roman Romancini and his attempt to realize his dream of climbing Mount Everest. Romancini has already faced death a few times on the mountain and when he was hit by a car while cycling. That, however, could not stop him.

5:15 PM A GRAND JOURNEY (2018)

15 MINUTES - DOCUMENTARY SHORT - UNITED STATES - ENGLISH

Born and raised in Jackson, WY, Kira has found a great love for the outdoors Kira was born with a rare birth defect and had her lower leg amputated as a child. In this short documentary film, we get an intimate look into Kira's unique journey of climbing the iconic Grand Teton, as she attempts to take on a goal she herself may not believe is possible.

5:30 PM RIOS PATAGONICOS (2018)

23 MINUTES - DOCUMENTARY SHORT - CHILE, FRANCE - ENGLISH, FRENCH

In 2018, the *Rios Patagonicos* expedition took 15 canyoneers to stride the immensity of Chilean Patagonia, in search of rivers and waterfalls. Their goal: explore untouched territories, spot and open over 30 canyons, on a unique territory, where canyoneering discipline is close to non-existent.

6:00 PM BLUTCH (2018)

51 MINUTES - DOCUMENTARY FEATURE - FRANCE - FRENCH

A four-month odyssey by paraglider across Tadjikistan, Pakistan, India, Nepal, Sikkim, and Arunachal to the border of Myanmar. Four months of adventure, of encounters, of uncertainties, of effort, of flights in the heart of the Himalayan landscape.

7:00 PM INDUS BLUES (2018)

76 MINUTES - DOCUMENTARY FEATURE - PAKISTAN - URDU

In Pakistan, a country riddled with political turmoil, economic challenges, and social identity crisis, musicians and instrument craftsmen find it hard to survive and sustain their art. They also have to deal with the fact that being a music performer is a social taboo. The film will be followed by a Q&A session with director Jawad Sharif.

DECEMBER 29, 2019

FESTIVAL DAY 2

10:00 AM HOME (2019)

90 MINUTES - DOCUMENTARY FEATURE - UNITED KINGDOM - ENGLISH

Between 2011 and 2015, UK adventurer Sarah Outen traversed the globe by bike, kayak and rowing boat, travelling over 20,000 miles by human power alone. Woven out of hundreds of hours of footage, *Home* intimately and unflinchingly captures Sarah's journey, telling a story of one woman's trek towards true emotional acceptance.

11:35 AM LOIC AND THE FLOLOPAPYS (2019)

46 MINUTES - DOCUMENTARY FEATURE - BELGIUM - FRENCH

Twenty-two-year-old Loic has become a passionate climber. Together with Florian, Pablo, and Pierre, they form the inseparable "Flolopapys", bringing their energy to the farthest reaches of the climbing world. But can Loic use the Flolopapys' energy to overcome his haunting fear of heights as he confronts some of the toughest climbs on the planet.

12:30 PM CHANGABANG AND THE MIRRORS OF A REPETITION (2019)

52 MINUTES - DOCUMENTARY FEATURE - FRANCE - ENGLISH, FRENCH

In spite of its modest altitude (6,864 m), the summit of Changabang, hidden in the Indian Himalayas, has been the scene of far too many dramas. The three alpinists from the French High Mountain Military Group had only a very short weather window during which they could attempt to conquer this thousand meter vertical wall.

1:30 PM ONCE UPON A SKY (2019)

72 MINUTES - DOCUMENTARY FEATURE - INDIA - HINDI, ENGLISH

The film follows the story of an Indian paraglider, Gurpreet Dhindsa, and gazes upon this man's total commitment to flying. *Once Upon A Sky* engages with the idea that adventure sports is closest to being most alive and we know that best when we come to injuries.

2:50 PM DREAMLAND (2019)

86 MINUTES - DOCUMENTARY FEATURE - POLAND - POLISH

A personal and emotional journey of the director Stanisław Berbeka, who is the son of a famous Polish Himalayaist Maciej Berbeka; an ice warrior of the '80s, who, in line with Kukuczka, Wielicki, and others explored 8000 m mountains in the winter. Stanisław revives the memory of his father and tries to get to know his story after his tragic death in 2013.